Nottinghamshire County Council



The Sexual and Reproductive Health of Nottinghamshire (2019)

What is sexual health?

Sexual health is often viewed with stigma and only relating to sexually transmitted infections (STIs). Sexual health is a state of physical, mental and social well-being in relation to sexuality; it is not merely the absence of disease, dysfunction or infirmity. Sexual health requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of coercion, discrimination and violence.

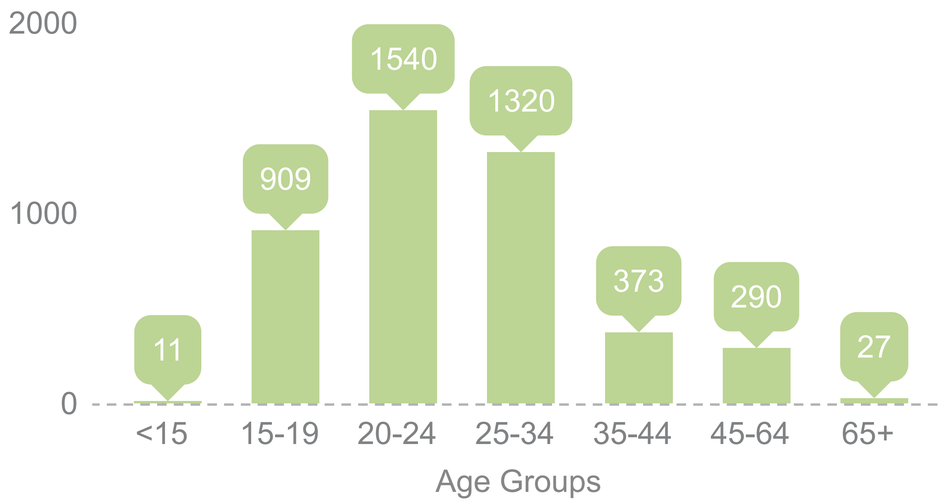
There were **4,740** **diagnoses of new STI's in 2018** in Nottinghamshire. This number has **remained relatively stable** over the last few years.



of STIs in 2017 were chlamydia diagnoses. Rates of chlamydia detection are lower than national and regional rates.

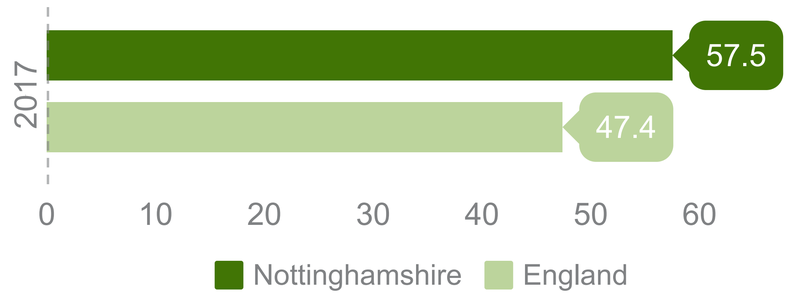
Young people are **more likely to be diagnosed** with an STI.

Total No. of new STI diagnoses in Nottinghamshire (2017)



Nottinghamshire has **higher rates of Longer Acting Reversible Contraception** (LARC) prescriptions than the national average. There is variation across Nottinghamshire as to whether prescriptions come from sexual health services or General Practice.

Total prescribed LARC excluding injections per 1,000



Key Message

Promoting good sexual health and having effective treatment services is a **collective responsibility** across a range of stakeholders including the Local Authority, Clinical Commissioning Groups, NHS England, primary care, pharmacies, schools and voluntary sector. **Collaboration is vital** in order to meet the needs and preferences of local people.

You can find the full Sexual Health and HIV (2019) Joint Strategic Needs Assessment (JSNA) chapter on Nottinghamshire Insight: www.nottinghamshireinsight.org.uk