Nottinghamshire County Council



Avoidable Injuries in Children and Young People (2019)

What is an avoidable injury?

Avoidable injuries refer to injury that occurs as a result of 'accidents', whereby the injury is not deliberately caused and could have been avoided. They tend to occur either in the home, on the roads, or during leisure activities. In children and young people avoidable injuries are a serious public health issue and a leading cause of death and hospital admission in the United Kingdom.

There were **1,093** avoidable injury **hospital admissions** in children **aged 0-14yrs** in **2015/16.**

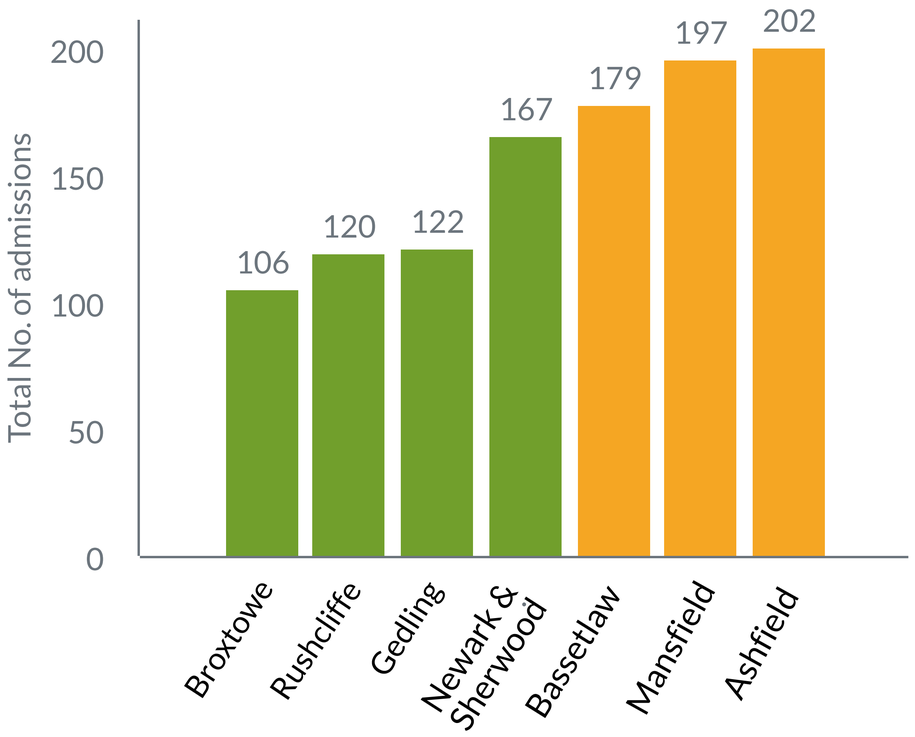
Burns & scalds

Falls

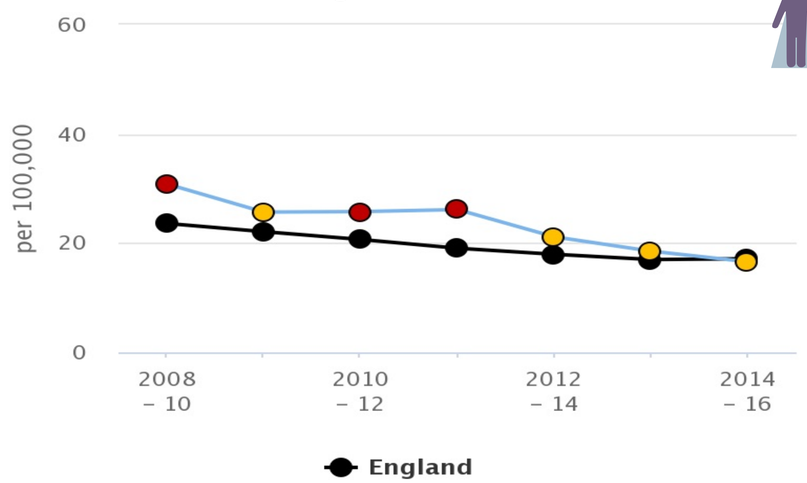
Poisoning

are the **leading causes** of injury in the home. Nottinghamshire rates are **similar to the National average.**

Variations in hospital admissions caused by avoidable injuries in 0-14 year olds across Nottinghamshire (2015/16)



Children (0-15yrs) killed and seriously injured on Nottinghamshire Roads



Since 2008 rates have decreased similar to the national rate.

In 2017 there were **<5** drowning incidents in Nottinghamshire.

Key Message

Avoidable injuries in children often result in **long term physical disability** and **emotional distress.** The impact and consequences are major contributors to **health inequalities** amongst children from the most disadvantaged backgrounds, who are at significantly increased risk. Most injuries are **preventable** and strategies to prevent injuries are usually relatively **inexpensive to implement** and have a beneficial return on investment.

You can find the full Avoidable Injuries in Children and Young People (2019) Joint Strategic Needs Assessment (JSNA) chapter on Nottinghamshire Insight: www.nottinghamshireinsight.org.uk